RIGHTS AND FREEDOM: RESPONSIBILITY AND DUTY

# TRAINING COURSE

Invitation



**DATE:** 25.10-02.11.2016 (25<sup>th</sup> is arrival day, 2<sup>nd</sup> morning is departure)

Please, confirm your arrival/departure dates before booking the tickets!

**VENUE:** Arry, France

**WORKING LANGUAGE:** English (but it's also not a problem if you or someone of your group doesn't speak it)

**PARTICIPANTS:** 5 participants (16 – 30 years old)

## **COUNTRIES:**

- France
- Spain
- Estonia
- Czech Republic
- Macedonia
- Slovakia



#### SUMMARY OF THE PROJECT:

This project meets several priorities and objectives of the Erasmus+ programme (e.g. foster quality improvements in youth work, in particular through enhanced cooperation between organisations in the youth field and/or other stakeholders)

Objectives of our project are several:

• To explore and broaden participants knowledge and competences in human rights, social dialogue and intercultural dialogue;

• To bring together youth workers, trainers, volunteers and motivated young people from different countries

• To strengthen the role of youth organisations in identifying and speaking up against human rights violations, including discrimination, hate speech and those human rights violations affecting especially young people and children;

• To develop competences of participants in drawing up training activities and coach systems for peer educators in human rights issues;

• To familiarize the participants with the approaches of the manual on human rights education and on how best to use it and adapt it to local contexts and realities

• To give deepen knowledge and competences in working with groups and training methodologies in respect to peer education and human rights issues

• To promote democracy, development, social justice, communal harmony, solidarity and friendship among people and nations

• To prepare a final product from this project and disseminate it on local, regional, national and international level - probably in the form of a newsletter or a video

• To encourage participants to act as multiplies and prepare their own activities in the follow-up stage.



## **ACCOMMODATION:**











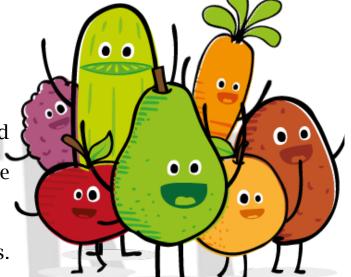
## FOOD:

The food will be prepared and served

for you in the centre. The help in the

kitchen and with the dishes is very

much welcome from the participants.



We will eat simple and typical French food.

No alcoholic drinks will be allowed on the place, apart from Intercultural dinner.

If you have some special needs for food (vegetarian, etc.), please, inform us about it beforehand. We can provide you with just "with/without meat" vegetarian food, but if you have some very complicated diet, or as a vegetarian you would like to have some special ingredients, we would appreciate if you could take the food that you need with you.

## TRAVEL COST:

We will reimburse to you **100% of all your actual travel costs** for the way go and back.

It is very important that you keep ALL your travel documents, including the boarding passes, if travelling by plane. You must **give us all your tickets**, including also your return tickets that must be already bought for the moment of the reimbursement (during the youth exchange itself), otherwise if we do not have a ticket, we cannot consider it for the reimbursement. It is veryvery important.

Please, pay attention, that there are **the ceilings** for the travel costs per every country that **we cannot go above** (if your ticket is more expensive, you need to cover the difference on your own).

You must use the cheapest travel option that is possible (buses, trains, low cost airlines, etc.)

Travel ceilings (100%):

Czech Republic – 170 €

Spain – 170 €

Estonia – 170 €

Macedonia – 170 €

France – 0€

Slovakia – 170 €

We will only reimburse you the travel costs if you participate in the WHOLE youth exchange.

If you have any questions about the travel costs or financial matters, please contact us before you buy your tickets.

#### **MONEY:**

There is a participation fee of 30 euros that will be charged from every participant of the exchange. This fee is obligatory. It will also give the right to become an official member of the "Together" network.

100% of your travelling costs will be reimbursed on the condition that the person has all the **bills, tickets** and **boarding passes** (when travelling by a plane) to present to us.

100% of costs of simple accommodation and basic food are covered by "Together".

The travel costs will not be reimbursed to people who are not taking part of the entire youth exchange or not respecting the rules of the exchange.

#### **YOUTHPASS:**

Each participant will receive a YouthPass, which:

Certificate of non-formal education (you will take part on an educational activity)

You can include it in your CV and use it for school, university, new job, etc. In the beginning of the project we will divided participants into a small groups that later will work every evening in the reflection groups where they'll talk about the day, activities, what they have learned, etc. With all these notes, at the end of the Exchange will be a workshop where the participants will work in their own YouthPass. YouthPass will be reached on the end of exchange.

#### YOU WILL NEED...

- Sleeping bag
- Towels and personal things.
- Typical food for intercultural evening.
- Poster, leaflets, card, videos, typical music... from your country, region, city.
- Info, presentation, material, stickers... from your organization.
- Warm clothes.
- Camera, laptop and other equipment making life and work easier.
- Ideas, games, ice breakings, dances and folk for your cultural evening.
- Good mood and energy to be active!

If you have any questions or suggestions, feel free to contact us! Mail:

